



The Newsletter of the Metropolitan Wine and Food Society of Sydney Inc.

*Published for the information of the members, and friends, of the
Metropolitan Wine and Food Society of Sydney Inc.*

Vol 1 No 1 — June, July, August 2013

*At the Annual General Meeting, 25 May 2013 the following were elected as the office-bearers
and committee of the Society:*

Office Bearers and Committee 2013-2014

President: Trevor Gibson

Vice President Wine Master: Ian Arnold

Vice President Food Master: Lorraine Plues

Secretary: Ian Smalls

Treasurer: Carole Yeomans

Wine Scribe: Jim Rolls

Food Scribe: Diane Rolls

Committee Member—Wine: David Cameron

Committee Member—Food: Carolyn Smalls

Federation of Wine and Food Societies of Australia Councillor: Ian Arnold

*The Committee, at the first meeting of the Committee, 19 June 2013, will consider appointments
to the honorary positions of Public Officer and Auditor.*



*Members of the Metropolitan on the Society Weekend
in the Blue Mountains 24, 25 and 26 May 2013*

Inside this Newsletter

Programme of the Society P 2
President's Dinner @ Courtneys
Christmas @ Aqua Dining
Editor's Note—submitting
articles

From the President P 3
Extraordinary and Annual
General Meetings
Images of the Katoomba Week-
end

From the Wine Master P 4

From the Federation P5
Images of the Katoomba Week-
end

Metropolitan Wine and Food Society of Sydney Inc

Registered No. Y13780.23

Founded: 22 July 1977

Address: 52 Woodhill Street Castle Hill NSW 2154

Contacts: President Trevor Gibson 042 7311 456 Secretary Ian Smalls (02) 9634 5925

SOCIETY PROGRAMME

FUNCTIONS AND COMMITTEE MEETINGS

June 2013

Wed 19 @ 10.30am

Meeting of the Committee @ the home of Jim and Diane Rolls.

July 2013

Sat 13 @ 7.00pm for 7.30pm

President's Dinner @ Courtney's Restaurant, Parramatta

September 2013

Sun 29

Spring Luncheon—venue to be confirmed

December 2013

Sun 1

Christmas Lunch @ Aqua Dining

Projects Month

President's Dinner 2013

Venue: Courtney's Brasserie
Address: 70 Phillip Street, Parramatta

Date: Saturday 13 July 2013
Time: 7.00pm for 7.30pm

Dress: Black Tie

Cost: \$140 (includes food, corkage, Society wine and gratuity)

Guests: Welcome

Transport: Ian Smalls is arranging the Dural Mini Bus.

RSVP: by 29 June 2013 to Ian Smalls

carosian@bigpond.com.au
02 9634 5925



We enjoyed Courtney's so much in July 2012 we are returning in 2013, but no silly hats this year!

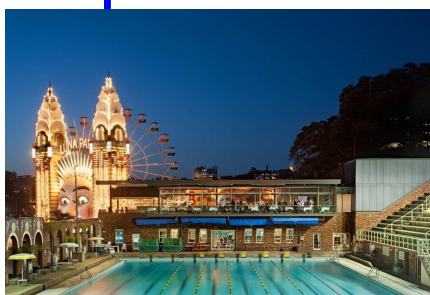
For the President's Dinner 2013, Paul Kuipers and his staff will prepare a degustation menu, using seasonal fresh ingredients which are sourced locally direct from the farms.

www.courtneysbrasserie.com.au

Christmas @ Aqua Dining 2013

Following the undoubted success of our Christmas Luncheon at Aqua Dining in 2012 we will return there for Christmas 2013 on **Sunday 1 December**.

*Please mark this date in your diary now.
More details in the next Newsletter.*



Please submit your contributions for the MWFSS Newsletter to the Editor, Peggy Sanders, by Friday 23 August 2013.

All contributions, and photographs, will be gratefully received. Items will be published over the name of the contributor, and references should be cited and acknowledged.

psanders@ozemail.com.au
0413 481 854





From the President:

This is the first of our new series of newsletters and I thank Peggy for her offering to put them together and circulating as the need arises. I would also like to acknowledge David Flanagan's fine achievements with the previous newsletter series.

While these newsletters are intended to provide information on upcoming functions and Committee decisions, they are also intended as a more broad two-way communication vehicle. Members are encouraged to submit comments/photos on past functions and to contribute wine/food-related articles of interest to the members, wine tasting notes, recipes, restaurant recommendations and experiences, food and wine events (such as the upcoming Sydney Good Wine and Food Show <http://www.goodfoodshow.com.au/>), etc. I look forward your active participation.

The recent weekend visit to the Blue Mountains for our AGM was a great success (welcome to the incoming committee members for 2013-2014) and the accommodation at the Mountain Heritage Hotel very comfortable. A notable discovery during our visit was the restaurant nineteen 23 at the Silvermere Guesthouse in Wentworth Falls, where we enjoyed our Friday night degustation dinner with matched wines. We now have a new constitution, to be distributed shortly, and can look forward to some enjoyable functions during the coming year, including our President's Dinner on Saturday 13 July at Courtney's. Details for this are included in this newsletter.

Trevor Gibson
042 7311 456

Extraordinary General Meeting and Annual General Meeting Saturday 25 May 2013 Mountain Heritage Hotel Katoomba

The Extraordinary General Meeting was held to consider and adopt a new Constitution for the Metropolitan Wine and Food Society of Sydney (MWFSS). The first Constitution of the Society was adopted in 30 January 1977; the Society was incorporated under the *Associations Incorporations Act 1984* on 9 December 1991.

The current revision of the Constitution caters for minor changes in operation, and more significantly, provides conformity with the model constitution in the *Associations Incorporation Regulation 2010*.

The meeting considered the draft Constitution and minor amendments agreed. The Constitution of The Metropolitan Wine and Food Society of Sydney Incorporated, as amended, was adopted. The Constitution will be distributed shortly to all members.

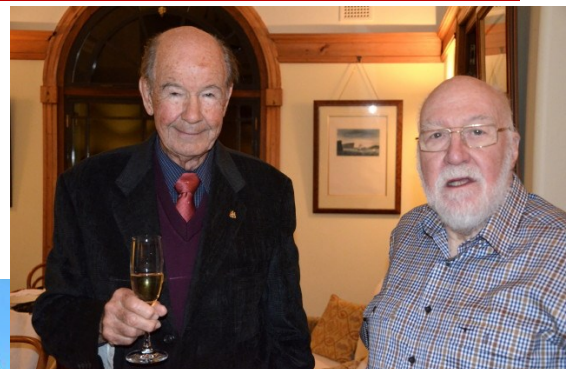
During the Annual General Meeting the meeting accepted the financial report; received the annual report; elected the office bearers and committee and discussed general business—particularly exploring opportunities to gather new members.

The Treasurer advised that in order to bring the Society financial year and the membership year in line, the request for fees 2013– 14 will reflect this change.

Peggy Sanders, Editor

Cover Photograph:

Members of the Society on the steps of Silvermere (below) 1 Lake Street, Wentworth Falls preceding our dinner in restaurant 'nineteen 23' on Friday 24 May - a sensual dining experience!



***Monty Smith and Ian Smalls
Pre-dinner at 'nineteen 23'***



From the Wine Master:

**AGM Weekend Blue Mountains
'Fine wine in a cool climate'**

**Restaurant 'nineteen 23'
Silvermere, Wentworth Falls**

We commenced this spectacular degustation dinner on Friday evening with our own Champagne: Eric Rodez Grand Cru NV— exquisite aperitif wine with the lemon thyme and gruyere arancini.

For the rest of the evening we placed ourselves in the hands of the restaurant with wines from the 'nineteen 23' cellar, as follows, and we were not disappointed!

Chicken Gillette: Bunnamagoo Rose, Mudgee 2011
- *Carolyn approved*

Ceviche of King Fish: Burnbrae Pinot Gris, Central Ranges 2012

Heirloom Tomato Salad: Burnbrae Chardonnay, Mudgee 2011

Confit Pork Belly: Louee Nebbiolo, Nullo Mountain, Rylstone 2007

En Popette of Pink Snapper: Philip Shaw, 'The Dreamer' Viognier, Orange 2011

Cowra Lamb Rump: Philip Shaw, 'The Idiot' Shiraz, Orange 2011

Crispy Skin Barramundi: Louee Pinot Noir, Nullo Mountain, Rylstone 2010

Strawberries and Cream: Di Lusso Picolit, Mudgee 2011

Choc Pavlova Millefeuille: Stein Sparkling Brut Shiraz, Mudgee

Le Delice De Bourgogne Cheese: Buller Fine Old Muscat, Beverford, Victoria



*Degustation at
nineteen 23*

Pins on Lurline Restaurant Katoomba Saturday evening



On this evening an interesting array of Metropolitan Wine and Food Society Cellar wines accompanied selections from an eclectic menu. Run by the owner couple— Japanese wife/ Scottish husband, the menu is a mix of Italian pastas, rice dishes and Japanese noodles.

Lanson Champagne NV
Sancerre Merlin Cherrier 2005
Pizzini Arneis (King Valley) 2004
Brindabilla Hills Shiraz 2007
Penfolds Bin 389
Vinifera Easter (Orange) Semillon 2006
"The Boys' Own Special Muscat" - Courtesy President Trevor.

All wines showed well and fortuitously (Wine

Master's modesty) provided suitable wine/food matches.

A fitting vinous finale to a grand weekend.

Ian Arnold



*'Okonomiyaki' - Japanese Pancake.
Peggy's meal for one at Pins!*



*Carolyn Smalls, David Yeomans, Val
Gibson and John Higginson — pre-dinner
at nineteen 23*

Federation News:



Great Food Great Wine Great Ocean Road.....

A very successful Victor Gibson Dinner and weekend was hosted by the Warrnambool Wine and Food Society in April 2013. Ian Arnold and Peggy Sanders,

and David Flanagan and Lucinda Warren attended the weekend and enjoyed the friendly welcome.

Ian Arnold was reelected as Vice President of the Federation of Wine and Food Societies of Australia (FWFSA) and Peggy Sanders was reappointed as Secretary 2013 – 2014.



Barbara Tomkins, the President of the Federation 2008—2010, was awarded the Victor Gibson Medal for her services to the Ladies WFS of Melbourne and the FWFSA.



WFS of NSW: Ian Arnold represented the President of the Federation, Janet Barton, in making the presentation of two Federation Awards to members of the Wine and Food Society of NSW, presided over by Steve Liebeskind.



Future Federation Functions: The FWFSA Convention 2014 'Sparkling Tasmania' will be held in Hobart from Friday 21 March to Sunday 23 March 2014.



The Committee Meeting and the AGM 2014 will be held during that period.

There will be both a pre tour and a post tour as available options for attendees.

The Pre tour features Southern Tasmania (commencing in Hobart) from



Wednesday 19 March to Friday 21 March 2014; and the Post tour from Hobart to the East Coast (ending in Launceston) from Monday 24 March to Wednesday 26 March 2014 inclusive. Fly out of Launceston Thursday 27 March 2014.

The 22nd Victor Gibson Weekend will be held in 2015, and the Joint Australian and New Zealand Convention is to be hosted by Australia in 2016.

Peggy Sanders
Federation Secretary

<http://www.wineandfood.org.au/>

Photographs:

L top: Peggy's photo from the Great Ocean Road;

L middle: Federation President Janet Barton making VG Award to Barbara Tomkins, with her husband Jim Tomkins;

L bottom: Ian Arnold making FWFSA Awards – photo supplied by Steve Liebeskind.



L: Katoomba from breakfast; Red Baron fly over - just for us! Above: Mates @ Pins... ..